RESOLUTION 273(24)

September 25, 2024

WHEREAS, October 2024 is designated as **National Dental Hygiene Month** (**NDHM**). In 2009, the American Dental Hygienists Association launched National Dental Hygiene Month to provide a focused period for raising awareness about dental hygiene. The initiative was designed to support dental hygienists in their mission to educate patients and communities about the importance of maintaining healthy teeth and gums; and

WHEREAS, NDHM seeks to raise awareness about proper brushing and flossing techniques, as well as the benefits of regular dental check-ups. By promoting these practices, NDHM hopes to reduce the prevalence of dental diseases and improve overall oral hygiene; and

WHEREAS, National Dental Hygiene Month focuses on the four components of good oral health maintenance; these four components include emphasis on the importance of brushing teeth twice a day for two minutes, flossing every day, rinsing with mouthwash, and chewing sugar-free gum; and

WHEREAS, the goal of regular oral hygiene practices is to prevent tooth decay, gum disease, and other disorders that put the health of your teeth and mouth at risk (cavities, gum diseases, dry mouth, bad breath); and

WHEREAS, the Ocean County Health Department continues to work closely with and support Ocean Health Initiatives (OHI), The Center for Health Education, Medicine, and Dentistry (CHEMED) and schools throughout the county as they either provide dental services or promote dental health to Ocean County residents; and

WHEREAS, the Ocean County Health Department continues to implement dental health education programs in schools throughout Ocean County; and

WHEREAS, the Ocean County Health Department provides preventative programs to senior communities and organizations throughout the county; and

WHEREAS, the Ocean County Board of Health will continue to promote dental health initiatives that are reaching at risk populations to receive dental care.

NOW, THEREFORE BE IT RESOLVED, by the OCEAN COUNTY BOARD OF HEALTH, County of Ocean, State of New Jersey hereby proclaims the month of October 2024 as **National Dental Hygiene Month** and encourages all citizens and community organizations to join in this observance.

BE IT FURTHER RESOLVED that a certified copy of this resolution will be forwarded to the Ocean County Board of Commissioners and made available for participating municipalities and other interested individuals on the Ocean County Health Department website.

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Secretary/Treasurer